



Covid-19 Safety Plan

Chiropractic Treatment Protocol: Updated Jan 1, 2022

All patients, practitioners, staff, and visitors MUST wear masks at all times in the clinic.

Patients are screened for COVID-19 upon presentation to the clinic and again with the chiropractor if deemed necessary, using the following questions:

1. Do you have a fever?
2. Do you have any of the following symptoms or signs?
 - New or worsening cough, shortness of breath, sore throat, runny nose, difficulty swallowing
 - New smell or taste disorder(s), nausea/vomiting, diarrhea, abdominal pain, chills
3. Have you travelled or had close contact with anyone that has travelled outside Canada in the past 14 days?
4. Have you had close contact with anyone with respiratory illness or a confirmed case of COVID-19?

There is signage throughout the clinic reminding patients they must self-isolate if they answer yes to any of the COVID screening questions. Treatment will not be provided to any patient presenting with symptoms and they will be asked to leave the clinic immediately.

Patients who clear their COVID screening after presenting in the office are directed to a treatment room as quickly as possible. A 6-foot distance has been established in each treatment room with identifying marks on the floor where the chiropractor and patient will stand. The chiropractor will converse with the patient about the nature of their pain. When treatment or physical examination is ready to begin, and the patient will be inside the 6-foot distance, the chiropractor must use a face mask (appropriate sanitizing for donning and doffing facemasks will be used).

Patient Requirements

- Patients must come to treatment alone, unless accompanied by parent or care giver.
- If the patient develops new symptoms prior to treatment, they must cancel or reschedule their treatment. No cancelation fee will be applied.

Requirements for the Chiropractor

- The chiropractor will wear a mask at all times.
- The chiropractor will sanitize their hands before and after each treatment. If the hands are visibly soiled the chiropractor will wash their hands in the washroom.



- The chiropractor takes responsibility for the sanitization of the treatment room between each treatment. This includes disinfecting anything the patient may have touched in the treatment room, including the treatment table, coat rack or door handles.
- The chiropractor is the only person to touch the treatment room door, opening it prior to treatment and again at the conclusion of the visit.
- The chiropractor will continually self-access for COVID-19 symptoms using the same screening methods applied to patients. If new symptoms emerge, the chiropractor will immediately cease providing treatment and return home. Once home the chiropractor will take the BC Online assessment for COVID-19 and contact 811.

Visit procedure

- Patient enters clinic uses hand sanitizer station and checks in at front desk
- Patient waits for chiropractor to invite them into the treatment room. Only the Chiropractor touches the treatment room door/door handle.
- Patient goes to marked area on floor of treatment room Chiropractor goes to their marked position
- Chiropractor sterilizes hands, and dons mask prior to treatment (if not already wearing). Patient gets on table for treatment.
- Once treatment is complete, and treatment plan delivered, chiropractor again sterilizes hands and disinfects the table before leaving the treatment room.
- A list of every person who has entered the office each day is being stored and updated constantly at the front desk. This will help with contact tracing should a case of COVID-19 present in the office.