



Chiropractic Treatment Protocol

Patients are screened for COVID-19 multiple times; when booking the appointment, upon presentation to the clinic, and again with the chiropractor if deemed necessary. The following questions are asked:

1. Do you have a fever?
2. Do you have 2 or more of the following symptoms or signs?
 - New or worsening cough
 - Shortness of breath
 - Sore throat
 - Runny nose
 - Difficulty swallowing
 - New smell or taste disorder(s)
 - Nausea/vomiting, diarrhea, abdominal pain
 - Chills
3. Have you travelled or had close contact with anyone that has travelled outside Canada in the past 14 days?
4. Have you had close contact with anyone with respiratory illness or a confirmed case of COVID-19?

There is signage throughout the clinic reminding patients they must self-isolate if they answer yes to any of the COVID screening questions. Treatment will not be provided to any patient presenting with symptoms and they will be asked to leave the clinic immediately.

Patients that clear their COVID screening and present to the office will be directed to a treatment room as quickly as possible. A 6-foot distance has been established in each treatment room with identifying marks on the floor where the chiropractor stands and where the patient stands. Then, the chiropractor converses with the patient about the nature of their pain. When treatment or physical examination is ready to begin, and the patient will be inside the 6-foot social distance, the chiropractor always uses a face mask (appropriate sanitizing for donning and doffing facemasks is used).

Patient Requirements

- Patients are recommended to use masks but are not required to do so.
- Patients must come to treatment alone, unless accompanied by parent or care giver.
- If a patient develops new symptoms prior to treatment they must cancel or reschedule their treatment. No Cancellation fee will be applied.



Visit procedure

- Patient enters clinic, uses hand sanitizer station and checks in at front desk
- Patient waits for chiropractor to invite them into the treatment room. Only the Chiropractor touches the treatment room door/door handle.
- Patient goes to marked area on floor of treatment room Chiropractor goes to their marked position
- Chiropractor sterilizes hands, and dons mask prior to treatment (if not done already). Patient gets on table for treatment.
- Once treatment is complete, and treatment plan delivered, chiropractor again sterilizes hands removes mask and disinfects the table before leaving the treatment room.